



Musing Your Journey®



Musing Your Journey[®] to Wellness

RELAXING MASSAGE | In-room

A traditional full-body massage to rebalance body & spirit
and promote deep relaxation.

Terms & Useful information

Schedule your appointment

The massage service is available every Saturday and it is being offered, upon appointment, in the comfort of your room. A prior booking is necessary to ensure availability on your preferred time. You may contact us by phone or e-mail for your appointment, up to one day before.

Health condition

Before your session, our staff will deliver to you a form to be completed with basic health information, that may affect the massage's actualization (indicatively, conditions such as pregnancy, arterial hypertension or an allergy). All provided data are confidential – they are only shared exclusively with your masseur and they are being protected. Alcohol is not recommended before and after your session.

Age requirement

Massage service is exclusively offered to adult guests.

Before your massage, it is recommended;

- that any meal of yours should be light,
- that you get prepared by having a shower,
- that you have removed your jewelry,
- that you tie your hair up, should they be long,
- that you wait for your masseur wearing the bathrobe you will find in your closet, as well as your lower underwear.

Your masseur will ask you to take off your bathrobe before your massage starts.

After your massage, it is suggested;

- that you drink plenty of water or a herbal tea, so that the massage benefits are multiplied,
- that you have a relaxing shower,
- that you rest,
- that you avoid intense sun exposure.

Cancellation event

Please contact our reservation team in case you need to cancel or modify your appointment, up to 24 hours before. For last-minute cancellations a 50% fee applies.